

GENERAL INFORMATION WILDWATER CANOE RACES TICINO MOESA 2017

www.ticinomoesa.ch



Classic race

Date: Saturday May 20th 2017

Type of race: Swiss Wildwater Championships, international race.

Course: river Moesa (WW II-III), from Grono to Roveredo.

How to get there: Swiss A2 highway till Bellinzona Nord (1h10' from Milano, 2h from Zürich). Then drive on the cantonal road in the direction of San Bernardino. You will encounter the village of Lumino, San Vittore, then Roveredo. On the cantonal road you will encounter signs to the start and finish lines.

Timetable: From 11:30 am to 1:30 pm official training, from 2 to 4 pm race. *Please note that there might be variations to this schedule depending on the water level, and the race could be anticipated to the late morning.*

Categories In this table the categories admitted to this race are the green ones.

| Italian name | Ragazzi | Junior | Senior | Master |
|-----------------|---------|----------|-----------|----------|
| Swiss name | Jugend | Junioren | Allgemein | Senioren |
| Age | 15/16 | 17/18 | 19/34 | 35+ |
| K1 MEN | | | | |
| K1 WOMEN | | | | |
| C1 MEN | | | | |
| C1 WOMEN | | | | |
| C2 MEN | | | | |
| OPEN | | | | |

Minimum Age is 12 years. Double race is also possible.

Insurance Athletes not registered with a Club should have a personal insurance.

For non-Swiss athletes, it is highly recommended to bring the European Health Insurance Card in order to receive the first medical Services if needed.

For Italians, please bring your Tessera Sanitaria (further Information here)

Registration Registrations must be done within 11 pm of Wednesday, May 17 only on-line at the website:

<http://www.gipsy-soft.net/Kanu/user/login> (username: kanu, password: Kanu)

Note that category names are in German. For Italian names consider this table:

| | | | | |
|--------------|---------|----------|-----------|----------|
| Swiss name | Jugend | Junioren | Allgemein | Senioren |
| Italian name | Ragazzi | Junior | Senior | Master |

Participation fee: 10 CHF for each participant (payment can be done also in euro). For double race, additional 5 CHF. Registered athletes which will not be at the start will pay the regular participation fee.

Bib delivery: from 9:30 to 11:30 at the finish line. A deposit of 50 CHF (or 50 euro) will be requested. You can pay the participation fee together with the extras (lunch, dinner and dormitory) all together at the bib delivery.

Team leader meeting: at 12:00 at the finish line.

Prizes Medals will be awarded to the first, second and third classified of each category. Prize ceremony will be at 6:00 pm. All the participants are invited, wearing the uniform of the canoe club.

A special prize offered by the Club Volo Libero Ticino will be drawn among the winners of each category.

Dinner After the prize ceremony there will be a dinner. Reservations are to be done through the Website of the race registrations.

Water level Real-time discharge measurements of the river Moesa are available at the website:
<http://www.hydrodaten.admin.ch/it/2420.html>

Experimental forecasts of discharge are performed by the Swiss Federal Institute for Forest, Snow and Landscape Research WSL, and are accessible here.

The minimum level to do the race is 20 m³/s.

Information on river level and times of water release from the dam for trainings will be regularly given since 10 May on the website of the race.

Alternative course In case the level of the river Moesa will be too low, or in case of flooding conditions, the race will take place on the Ticino River (class 1 -2 with a rapid of class 3). This will be decided on Wednesday 17 May in the evening.

**For the last minute informationi please follow the FB page of the races or the website
www.ticinomoesa.ch**

Sprint race

Date: Sunday May 21st 2017

Type of race: ICF World Ranking international race.

Course: Canton Ticino, River Ticino at Molinazzo Rapids. From 100 m before the rapids to the red bridge. The course is about 700 m long with class 3 rapids.

How to get there A2 highway, exit Bellinzona Nord (1 h 10' from Milano, 2 h from Zürich) . Then go towards Bellinzona on the cantonal road. After the village of Arbedo turn right (follow the signs)

Timetable: From 9 am to 10 am official training, from 10 am to 2 pm individual race, from 2 to 3 pm team race.

Categories In this table the categories admitted to this race are the green ones. Double race is also possible.

| Italian name | Ragazzi | Junior | Senior | Master |
|--------------|---------|----------|-----------|----------|
| Swiss name | Jugend | Junioren | Allgemein | Senioren |
| Age | 15/16 | 17/18 | 19/34 | 35+ |
| K1 MEN | | | | |
| K1 WOMEN | | | | |
| C1 MEN | | | | |
| C1 WOMEN | | | | |
| C2 MEN | | | | |
| OPEN | | | | |
| SUP MEN | | | | |
| SUP WOMEN | | | | |

Team race is open only to K1 Allgemein (ITA: K1 Senior) and K1 Junioren (ITA: K1 Junior). Both men and women can compete in the Team race.

Insurance Athletes not registered with a Club should have a personal insurance.

For non-Swiss athletes, it is highly recommended to bring the European Health Insurance Card in order to receive the first medical Services if needed.

For Italians, please bring your Tessera Sanitaria ([further Information here](#))

Registration Registrations must be done within 11 pm of Wednesday, May 17 only on-line at the Website:

<http://www.gipsy-soft.net/Kanu/user/login> (username: kanu, password: kanu)

Note that category names are in German. For Italian names consider this table:

| | | | | |
|--------------|---------|----------|-----------|----------|
| Swiss name | Jugend | Junioren | Allgemein | Senioren |
| Italian name | Ragazzi | Junior | Senior | Master |

Participation fee: 10.- CHF for each participant (payment can be done also in euro). For double race, additional 5.- CHF.

The fee for team race is 20 CHF. In order to favor international participation, the participation to the team race is reduced to 10 CHF for foreigners.

Registered athletes which will not be at the start will pay the regular participation fee.

Bib delivery: if the bibs were not collected on Saturday for the classic race, from 8 to 9 at the race office located in Bellinzona, via al Maglio, 6500 Bellinzona (at the sprint course). A deposit of 50 CHF (50 euro) will be requested.

Team leader meeting: at 9:00 at the finish line.

Prizes Medals will be awarded to the first, second and third classified of each category.

The prize ceremony will be at 4 pm at the Gruppo Canoisti Ticinesi house. All the participants are invited, wearing the uniform of their canoe club.

Lunch From 12 am to 3 pm there will be a lunch at the sprint course. Reservations have to be done through the website of race registrations.

Water level The race will be done with any water level. The race will be canceled just in case of flooding conditions.

For the last minute informationi please follow the FB page of the races or the website www.ticinomoesa.ch

Accommodation

A large dormitory is available from Thursday in Roveredo for 8.- CHF per person per night. The reservation has to be done together with the race registrations on the dedicated website (see page Registration)

Motel Afia

6557 Cama

Tel. +41 (0) 91 830 14 02 Fax. +41 (0) 91 830 17 68

- 4 camere doppie con doccia in camera CHF 100.- (*CHF 50.- per persona, colazione non inclusa*)
- 3 camere doppie con doccia in comune CHF 80.- (*CHF 40 per persona, colazione non inclusa*)

Bed & Breakfast Cà di Sciavatin

6534 San Vittore

Tel. +41 (0) 79 579 80 86 Fax. +41 (0) 91 827 15 50

- 2 camere doppie e 1 camera singola, inclusa ricca colazione, a CHF 60.-, per notte a persona

Restaurants

Osteria Fagetti a San Vittore

Tel. +41 (0) 91 827 26 22

E-mail : osteriafagetti@hotmail.com

Menù:

- Insalata mista con risotto al rosmarino CHF 20.-
- Asparagi alla parmigiana con tagliolini primavera CHF 24.-
- Insalata caprese con gnocchetti alle zucchine CHF 22.-
- Piatto unico con scaloppine di manzo al merlot e polenta CHF 20.-

SCONTO del 10% sulla carta menu, compresi vini e bevande.

Grotto Stevenoni a San Vittore

Tel. +41 (0) 91 827 15 15

Menù a CHF 22.- per persona, bevande escluse:

- 1 primo piatto (*a scelta*) 1 secondo piatto (*a scelta*) 1 contorno (*a scelta*) 1 dessert o caffè

Menù a CHF 18.- per persona:

- 1 pizza a scelta, 1 bibita analcolica a scelta, 1 dessert o caffè

Grotto Matafontana, Via Cantonale 194 San Vittore (GR)

Tel. +41 (0) 91 829 32 97 E-mail: matafontana@gmail.com

Per venerdì sera e domenica a pranzo, SCONTO del 15% sulla carta (*cibo*).

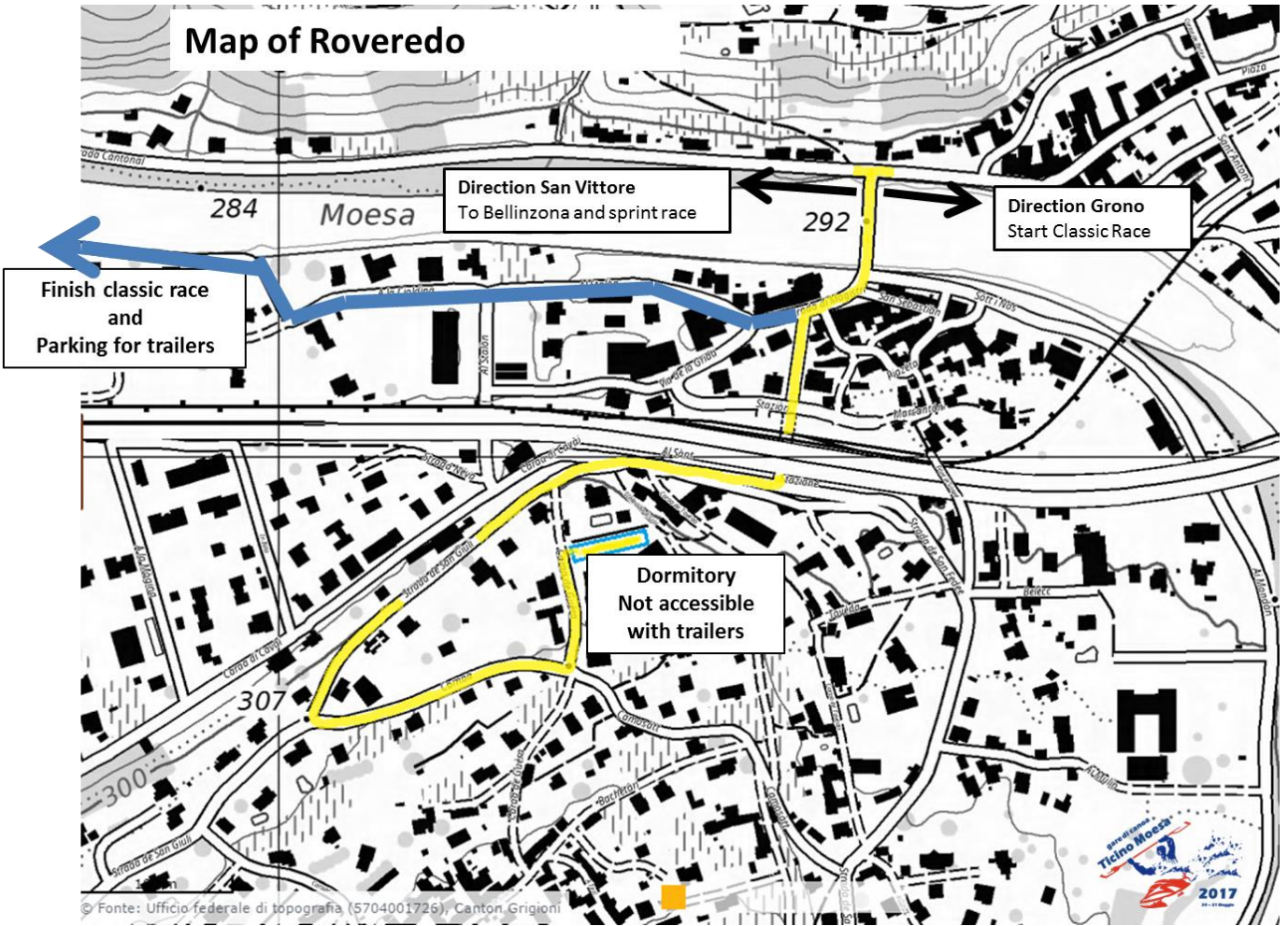
Ristorante Cairo a Roveredo

Tel. +41 (0) 91 827 36 35

Menù a CHF 65.-, per persona

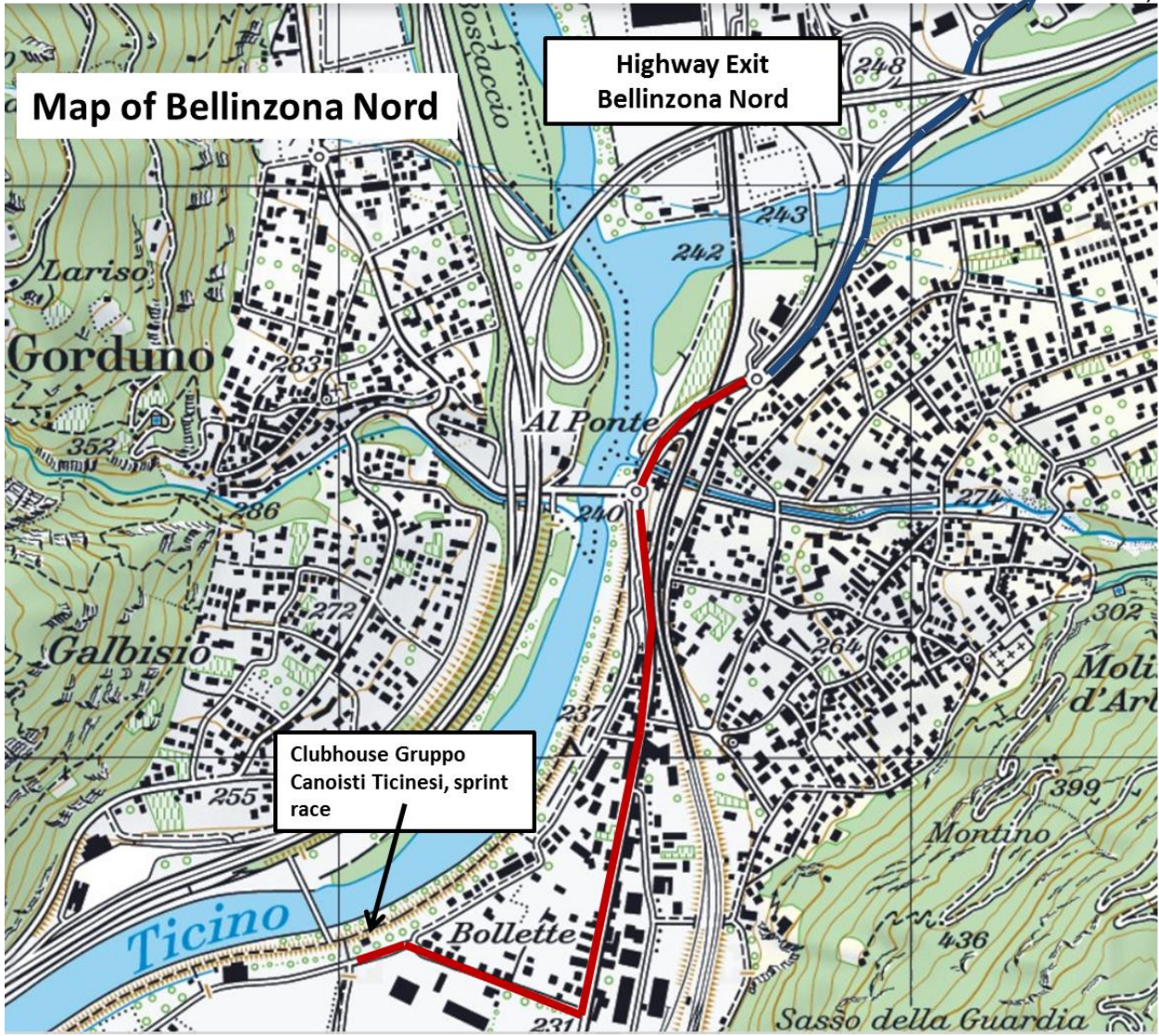
- Insalata di polipo e cavolo rosso, Risotto carnaroli al profumo di mare, Trancio di merluzzo e fondo di crostacei, Tortin Tortino al cioccolato fondente con cuore morbido bianco

Map of Roveredo



© Fonte: Ufficio federale di topografia (5704001726), Canton Grigioni





Map of Bellinzona Nord

Highway Exit
Bellinzona Nord

Clubhouse Gruppo
Canoisti Ticinesi, sprint
race

↓
Bellinzona